Special Surveillance Report: Veteran Suicide 2017-2021

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Introduction

The Nevada Department of Health and Human Services has collected data for reporting on veteran health status, specifically for insights on suicide. According to NRS 417.0194, this annual report will be published as data collected are finalized to inform professionals and the public. This report will focus on suicide in the veteran population and how it compares to the non-veteran population in Nevada. To understand the issue more clearly, the Office of Analytics also includes sections on overall leading causes of death between veteran and non-veteran populations in Nevada.

Suicide is defined as an act of intentional self-harm resulting in death and is a pressing public health concern in Nevada. High rates of suicide can result in public complacency, diminishing discussion, and community action. The consequence can be a lack of preparedness for preventing these deaths and the secondary harm they cause.

Suicide is an action often taken by individuals who feel isolated and hopeless, with high levels of emotional pain, physical pain, family and personal problems, and/or financial stress. Nevada's military veterans, particularly younger veterans, are dying from suicide at rates above the State's rate (see Figure 14). A veteran who is recently released from active duty, reserve, or National Guard is often one who has experienced wars of the last decade. Veterans may have endured deployments that disrupt life with family and friends. Even considering the unprecedented access to technology that enhances communication with loved ones, deployments bring exposure to long periods of numbing routine with time to worry about crises occurring at home, interspersed with moments of extreme violence and death.

Individuals in uniform yet not deployed into actual war zones may experience continuous training for performing a wartime mission, longer assignments to hot regions, delayed discharges, emotional turmoil of friends who are injured or killed, and guilt for "not being there to help." The stress of being in military service can include feeling cut off and isolated from "the real world" where birthdays and holidays are observed along with weddings, funerals, and the arrival of new babies. Deployment brings concern for family back home who deal with everyday emergencies such as car or home repairs and school activities.

The paradox of military service during wartime is that even though exposure to trauma, violence, and isolation from loved ones occurs, the service member often feels a tremendous sense of pride, belonging, purpose, and accomplishment. The dynamics of belonging to a unit with support structures and certainty enhances the resilience of the individual. However, discharge or return to reserve status can strip away these supports, plunging an individual into a struggling economy characterized by loss of jobs, homes, and friends. This confluence of circumstance and experience can result in feelings of loss and hopelessness that, for some, lead to thoughts of suicide.

The data and information contained in this report highlight the need for efforts to address and prevent this public health problem. This document is intended to be a brief examination of suicide, not a full discussion or action plan.

Data Sources

Behavioral Risk Factor Surveillance System (BRFSS)

BRFSS is a state-based system of health surveys that collects information on health risk behaviors, preventive health practices, chronic health conditions, and use of preventive services. More than 350,000 adults are interviewed each year, making the BRFSS the largest telephone health survey in the world. For many states, the BRFSS is the only available source of timely and accurate data on health-related behaviors. The survey consists of a set of federally grant funded core questions and individual states may include and pay for their own questions in the survey. While the survey's focus is chronic disease and injury, topics covered by the survey include car safety, obesity, and exercise among many others. Since state-added questions are not asked nationwide, these questions are not comparable.

Nevada Hospital Emergency Department Billing (HEDB)

The Hospital Emergency Department Billing data provides health billing data for emergency room patients for Nevada's non-federal hospitals. NRS 449.485 mandates all hospitals in Nevada to report information as prescribed by the director of the Department of Health and Human Services. The data are collected using a standard universal billing form. The data is for patients who used the emergency room service. The data includes demographics such as age, gender, race/ethnicity and uses International Classification of Diseases-9-Clinical Modification (ICD-9-CM) diagnoses codes and International Classification of Diseases-10-Clinical Modification (ICD-10-CM) diagnoses (up to 33 diagnoses respectively).

Nevada Hospital Inpatient Billing (HIB)

The Hospital Inpatient Billing data provides health billing data for patients discharged from Nevada's non-federal hospitals. NRS 449.485 mandates all hospitals in Nevada to report information as prescribed by the director of the Department of Health and Human Services. The data are collected using a standard universal billing form. The data is for patients who spent at least 24 hours as an inpatient, but do not include patients who were discharged from the emergency room. The data includes demographics such as age, gender, race/ethnicity and uses International Classification of Diseases-9-Clinical Modification (ICD-9-CM) diagnoses codes and International Classification of Diseases-10-Clinical Modification (ICD-10-CM) diagnoses (up to 33 diagnoses respectively).

Nevada Electronic Death Registry System

Mortality data in this report are from Nevada's Electronic Death Registry System, collected by the Office of Vital Records. In this report, the top 10 primary causes of death are ranked from highest to lowest based on frequency of occurrence. Death data from 2017 to 2021 have been finalized as of September of 2022. This includes the addition of out-of-state deaths and data cleaning. Data in previous reports were preliminary and therefore may not match exactly to data in this report.

Nevada Veteran Population Demographics

Nevada veteran population by age groups and sex from 2017 to 2021 were gathered from the U.S. Department of Veteran Affairs website. More information can be found at <u>Veteran Demographics</u> Website.

Nevada Non-Veteran Population Demographics

Non-veteran population estimates were calculated by subtracting the veteran populations from the Nevada population estimates. Nevada population estimates are from vintage year 2020 data, provided by the Nevada State Demographer. Data include individuals living in group quarters, as defined by the Nevada State Demographer.

Nevada Veteran Health Survey

The Nevada Department of Veteran Services conducted a survey to determine and help Nevada veterans file claims for Veterans Administration (VA) compensation for 2021. This survey can be found at Nevada Veteran Survey.

U.S. Population

The U.S. Census Bureau's U.S. 2000 standard population was used to create age-adjusted weights. More information can be found at U.S. Demographics Website.

Technical Notes

Age-adjusted rates are included in this report. Age-adjusting is used to control the effect of differences in rates that result from age differences in the populations being compared. For example, heart disease death rates would be higher in a population comprised of older individuals compared to a population comprised of younger individuals. In this report, age-adjusting is applied to eliminate the effect of age distribution between veteran and non-veteran populations.

Age-adjusted rates are weighted to the 2000 standard population provided by the U.S. Census. The weights table can be found in the Appendix Section, Figure A1.

All age-adjusted rates are based on the standard population distribution for the population aged 20 and older. The Nevada veteran population breakdown by age groups is provided by the U.S. Department of Veteran Affairs, which categorizes all veterans under the age of 20 into a single population group. Some Nevadans aged under 18 had the "Military Status" box checked as "Yes" on their death certificates due to error or perhaps enrollment in delayed military entry programs. Since these individuals cannot be considered veterans, are not the target group in this report, and may skew age-adjusted rates, only individuals aged 20 and over at time of death are included in this report.

Race/Ethnicity in this report are broken down into White, Black, Native American, Asian, Hispanic, and Other/Unknown. White, Black, Native American, and Asian categories are all non-Hispanic.

Identifying veteran status within the hospitalization data available in the NHEDB/NHIB datasets is reliant (with limitations) on a payer code of TRICARE (formerly CHAMPUS, Civilian Health, and Medical Program of the Uniformed Services) and CHAMPVA (Civilian Health and Medical Program of the Department of Veteran's Affairs). TRICARE is a Department of Defense health care program for "active duty and retired members of the uniformed services, their families, and survivors," per benefits.gov, and CHAMPVA is a Veteran's Affairs program. Because of this limitation, the hospitalization section of this report may contain dependents and spouses of veterans who are covered through these payer sources.

Hospitalization data from HEDB/HIB is representative of the number of visits and not the number of unique individuals. Therefore, a single person may be counted multiple times.

Veteran-Related Deaths

This section of the report will focus on deaths in Nevada as they relate to suicide and veteran status of Nevada residents. It was decided that this section would compare the Nevada veteran population to Nevada's non-veteran population. This determination was made to ensure a person's veteran status was clearly identified through an individual's death certificate and no assumptions were made about veteran status. The Nevada death certificate contains a field related to veteran status, but this is not always completed. Due to this limitation, care should be taken in comparing total number of deaths, percentages, and rates within this report to other topical reports, as well as the total number of deceased Nevada residents in any given year.

Between 2017 and 2021, there was a total of 138,449 Nevada resident deaths. Of these deaths, 1,951 were under the age of 20. Records with age under 20, unknown age, and unknown veteran status were not mutually exclusive, and there were cases of overlap. For comparative purposes, individuals with either age under 20, unknown age, and/or unknown veteran status have been excluded from this section of the report, leaving a total of 132,493 deaths.

With the global COVID-19 pandemic, Figure 1 shows slight differences in the leading four causes of death between veterans and non-veterans. The top two remain the same: diseases of the heart and malignant neoplasms (cancer), respectively. However, COVID-19 was the third leading cause of death for non-veterans and the fourth for veterans. Chronic lower respiratory disease was the third leading cause of death among veterans and the fourth among non-veterans.

When comparing primary causes of death, non-veterans had a higher percentage of total deaths for cerebrovascular diseases (5%) and non-transport accidents (5%), where veteran percentage is 4% and 3%, respectively. Diabetes and Alzheimer's disease continued to account for the same percentage of total deaths in both veteran and non-veteran populations at 3%. Intentional self-harm (suicide) was equal between veteran and non-veteran populations at 2% and influenza ranked as the 9th leading cause of death in both populations also at 2%. The 10th leading cause of death for veterans was influenza and pneumonia at 2% of deaths and chronic liver disease and cirrhosis at 2% of non-veteran deaths. All other causes accounted for 22% of veteran deaths and 25% of non-veteran deaths.

Figure 1. Top 10 Primary Causes of Death by Veteran Status. Nevada Residents, 2017-2021 Combined.

Rank	Primary Cause of Death	Count	% of Total Deaths
	Veteran		
1	Diseases of the heart	9,240	29
2	Malignant neoplasms	6,677	21
3	Chronic lower respiratory diseases	2,089	6
4	COVID-19	1,729	5
5	Cerebrovascular diseases (stroke)	1410	4
6	Nontransport accidents	908	3
7	Diabetes mellitus	889	3
8	Alzheimer's disease	879	3
9	Intentional self-harm (suicide)	602	2
10	Influenza and pneumonia	594	2
11	All other causes	7,258	22
	Total	32,275	100
	Non-Veteran		
1	Diseases of the heart	23,736	24
2	Malignant neoplasms	19,367	19
3	COVID-19	6,446	6
4	Chronic lower respiratory diseases	5,645	6
5	Cerebrovascular diseases (stroke)	4,913	5
6	Nontransport accidents	4,882	5
7	Alzheimer's disease	2,979	3
8	Diabetes mellitus	2,867	3
9	Intentional self-harm (suicide)	2,336	2
10	Chronic liver disease and cirrhosis	2,119	2
11	All other causes	24,928	25
	Total	100,218	100

Data Source: Nevada Electronic Death Registry System

Suicide ranks as the ninth primary cause of death among both veteran and non-veteran populations at 2% of the total deaths.

Total veteran deaths comprise a range of 23% (2021) to 26% (2017) of total deaths in Nevada of individuals aged 20+. This fluctuation is expected and should not be interpreted as significant change. It represents both changes in numbers of total deaths as well as population changes.

Figure 2. Total Count of Deaths by Veteran Status and Age Group. Nevada Residents Ages 20+, 2017-2021.

Year	Veteran				Age	Group				
of Death	Status	20-24	25-34	35-44	45-54	55-64	65-74	75-84	85+	Total
2017	Veteran	6	27	56	158	535	1,550	1,958	1,892	6,182
2017	Non-Veteran	180	495	677	1,450	2,869	3,784	4,018	3,708	17,181
2010	Veteran	1	35	33	134	454	1,539	1,934	1,815	5,945
2018	Non-Veteran	165	478	776	1,425	2,966	3,827	4,157	3,800	17,594
2010	Veteran	5	26	40	125	511	1,549	1,940	1,988	6,184
2019	Non-Veteran	165	468	693	1,467	2,949	4,101	4,524	3,827	18,194
2020	Veteran	6	31	54	168	524	1,649	2,216	2,175	6,823
2020	Non-Veteran	220	627	923	1,811	3,621	5,140	5,617	4,633	22,592
2024	Veteran	6	35	55	160	593	1,756	2,488	2,048	7,141
2021	Non-Veteran	263	813	1,191	2,149	4,040	5,746	5,918	4,537	24,657
Total	Veteran	24	154	238	745	2,617	8,043	10,536	9,918	32,275
Total	Non-Veteran	993	2,881	4,260	8,302	16,445	22,598	24,234	20,505	100,218

Data Source: Nevada Electronic Death Registry System

When veteran deaths are broken down by race/ethnicity, White (non-Hispanic) accounted for 84% of the total deaths (N=27,109), followed by Black (non-Hispanic) accounting for 8% of total veteran deaths (N=2,579), and Hispanics at 4% (N=1,223) between 2017 and 2021. This race/ethnicity breakdown of deaths differs from the non-veteran population, where White (non-Hispanic) accounted for 69% of deaths, followed by Hispanics at 12% and Black (non-Hispanic) at 10% of deaths (See Figure 3).

Among veteran suicides from 2017 to 2021, 88% were White (non-Hispanic), followed by 5% Black (non-Hispanic), 4% Hispanic, 2% API (non-Hispanic), and 1% AI/AN (non-Hispanic). The racial breakdown of non-veteran suicides is 73% White (non-Hispanic), 13% Hispanic, 6% each Black (non-Hispanic) and API (non-Hispanic), and 1% AI/AN (non-Hispanic) (See Figure 4).

Figure 3. Veteran Death Counts by Manner of Death and Race/Ethnicity. Nevada Residents Ages 20+, 2017-2021.

	Year of			Race/Et	hnicity			
Manner of Death	Death	White (NH)	Black (NH)	AI/AN (NH)	API (NH)	Hispanic	Other/ Unknown	Total
Assault	2017	8	3	0	0	3	0	14
Intentional Self-harm	2017	112	5	1	1	5	2	126
Accident	2017	194	17	0	7	9	11	238
All Other	2017	4,901	420	27	144	182	130	5,804
Total	2017	5,215	445	28	152	199	143	6,182
Assault	2018	5	5	1	0	1	0	12
Intentional Self-harm	2018	103	4	0	1	7	0	115
Accident	2018	193	27	4	6	8	0	238
All Other	2018	4,756	432	43	156	174	19	5,580
Total	2018	5,057	468	48	163	190	19	5,945
Assault	2019	7	1	0	0	0	0	8
Intentional Self-harm	2019	107	9	1	3	4	0	124
Accident	2019	176	14	4	5	12	3	214
All Other	2019	4,950	461	48	144	217	18	5,838
Total	2019	5,240	485	53	152	233	21	6,184
Assault	2020	10	4	0	0	0	0	14
Intentional Self-harm	2020	96	4	3	7	1	0	111
Accident	2020	180	25	1	2	14	0	222
All Other	2020	5,388	530	51	218	279	10	6,476
Total	2020	5,674	563	55	227	294	10	6,823
Assault	2021	3	4	0	1	2	0	10
Intentional Self-harm	2021	110	6	1	1	7	1	126
Accident	2021	218	17	2	9	14	0	260
All Other	2021	5,592	591	50	216	284	12	6,745
Total	2021	5,923	618	53	227	307	13	7,141
Assault	2017-2021	33	17	1	1	6	0	58
Intentional Self-harm	2017-2021	528	28	6	13	24	3	602
Accident	2017-2021	961	100	11	29	57	14	1,172
All Other	2017-2021	25,587	2,434	219	878	1,136	189	30,443
Total	2017-2021	27,109	2,579	237	921	1,223	206	32,275

Data Source: Nevada Electronic Death Registry System

NH denotes non-Hispanic populations

AI/AN denotes American Indian/Alaskan Native populations

API denotes Asian Pacific Islander populations

Figure 4. Non-Veteran Death Counts by Manner of Death and Race/Ethnicity. Nevada Residents Ages 20+, 2017-2021.

	Year of			Race/E	thnicity			
Manner of Death	Death	White (NH)	Black (NH)	AI/AN (NH)	API (NH)	Hispanic	Other/ Unknown	Total
Assault	2017	61	59	3	12	38	4	177
Intentional Self-harm	2017	326	30	3	29	50	7	445
Accident	2017	764	85	10	46	140	63	1,108
All Other	2017	10,955	1,371	145	1,105	1,522	353	15,451
Total	2017	12,106	1,545	161	1,192	1,750	427	17,181
Assault	2018	61	62	3	6	50	0	182
Intentional Self-harm	2018	360	24	5	31	60	1	481
Accident	2018	781	110	23	59	147	7	1,127
All Other	2018	11,428	1,457	154	1175	1,525	65	15,804
Total	2018	12,630	1,653	185	1271	1,782	73	17,594
Assault	2019	54	33	4	7	35	0	133
Intentional Self-harm	2019	359	21	5	23	58	4	470
Accident	2019	717	111	20	66	161	9	1,084
All Other	2019	11,708	1,499	175	1,242	1,739	144	16,507
Total	2019	12,838	1,664	204	1,338	1,993	157	18,194
Assault	2020	62	69	4	11	40	0	186
Intentional Self-harm	2020	311	32	6	28	53	0	430
Accident	2020	891	175	19	59	218	1	1,363
All Other	2020	13,739	2,027	211	1,780	2,811	45	20,613
Total	2020	15,003	2,303	240	1,878	3,122	46	22,592
Assault	2021	66	99	2	4	56	1	228
Intentional Self-harm	2021	357	38	5	29	80	1	510
Accident	2021	1,027	224	28	76	267	2	1,624
All Other	2021	14,758	2,272	245	2,023	2,940	57	22,295
Total	2021	16,208	2,633	280	2,132	3,343	61	24,657
Assault	2017-2021	304	322	16	40	219	5	906
Intentional Self-harm	2017-2021	1,713	145	24	140	301	13	2,336
Accident	2017-2021	4,180	705	100	306	933	82	6,306
All Other	2017-2021	62,588	8,626	930	7,325	10,537	664	90,670
Total	2017-2021	68,785	9,798	1,070	7,811	11,990	764	100,218

Data Source: Nevada Electronic Death Registry System

NH denotes non-Hispanic populations

AI/AN denotes American Indian/Alaskan Native populations

API denotes Asian Pacific Islander populations

When broken down by age groups between 2017 and 2021, 44% of the veteran deaths of Nevada residents aged 25-34 (N=154) were due to suicide (N=67). This is unlike the non-veteran population in the same age group with 15% of deaths in this age group (N=2,881) due to suicide (N=421). Suicides made up a higher percentage of deaths among veterans compared to non-veterans in all but two age groups, where it was equal at 1% in the 65-74 and 75-84 age groups.

When examining percentages, it should be noted that most people aged 20-34 are less likely to pass away due to disease and natural causes compared to older adults. Therefore, suicide is more likely to be represented in death data among this age group.

46% 44% 45% 40% 35% 30% 25% 22% 21% 20% 15% 15% 10% 10% 4% 5% 2% 2% 1% 1% 1% 1% 1% 0% 0% 20-24 25-34 35-44 55-64 65-74 75-84 85+ 45-54 **Total**

■ Veteran
■ Non-veteran

Figure 5. Percentage of Total Deaths that had a Cause of Death Indicated as Suicide by Veteran Status by Age Group. Nevada Residents Ages 20+, 2017-2021 Combined.

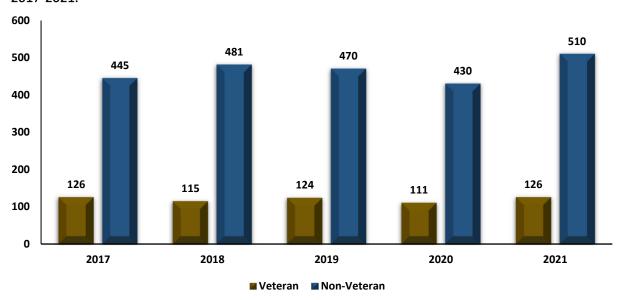
Of the 132,493 deaths included within this report between 2017 and 2021, 2,938 died due to suicide, and 602 (26%) of those suicide deaths were reported as having a veteran status (Figure 6). The highest number of reported veteran suicides occurred in 2017 and 2021 (N=126) with the lowest number reported in 2020 (N=111). From 2017 to 2021 there were no significant increases or decreases in the number of veteran suicides in Nevada (Figure 7).

Figure 6. Total Count of Suicide-Related Deaths by Veteran Status and Age Group. Nevada Residents Ages 20+, 2017-2021.

2017										
2017	Non-Veteran	43	79	77	96	70	42	33	5	445
2018										
2018	Non-Veteran	38	75	98	103	90	48	20	9	481
2010										
2019	Non-Veteran	36	98	78	87	78	54	33	6	470
2020										
2020	Non-Veteran	39	75	74	79	78	57	18	10	430
2024										
2021	Non-Veteran	59	94	90	106	76	48	28	9	510
			-		_	_		_		

Data Source: Nevada Electronic Death Registry System

Figure 7. Counts of Suicide-Related Deaths by Year and Veteran Status. Nevada Residents Ages 20+, 2017-2021.



Data show an increase in non-veteran suicide deaths as age increases until the 45-54 age group, followed by a steady decline (Figure 8). This is different in the veteran population, where suicide deaths increase as age increases until the 65-74 age group before they start to decline. This demonstrates that veteran suicides are skewed to an older population.

The differences in the age distributions between veteran and non-veteran suicides represented above are likely due to the differences in the age distributions of those populations in general. The veteran vs. non-veteran populations follow a similar distribution (Figure 9).

30% 25% 20% 19% 19% 20% 18% 16% ^{17%} 15% 12% 11% 10% 5%

Figure 8. Age Distribution of Suicide-Related Deaths by Veteran Status. Nevada Residents Aged 20+, 2017-2021 Combined.

Data Source: Nevada Electronic Death Registry System

25-34

Veteran

35-44

0%

20-24

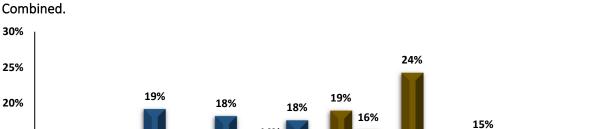


Figure 9. Age Distribution of Population by Veteran Status. Nevada Residents Ages 20+, 2017-2021

45-54

Non-Veteran

55-64

– – Veteran

65-74

75-84

---- Non-Veteran

85+

Among the veteran population from 2017 to 2021, the highest percentage of suicides occurred in the 65-74 and 75-84 age groups, accounting for 19% of the 602 suicide-related deaths each, compared to 11% and 6% of the non-veteran suicide deaths respectively (Figure 10). The highest percentage of suicides among the non-veteran population occurred in the 45-54 age group, accounting for 20% of the deaths, compared to 12% of veteran deaths. Disparities occur between the veteran and non-veteran populations among all eight age groups, ranging from a 1% to a 13% difference.

Figure 10. Age Distribution of Suicide-Related Deaths by Veteran Status. Nevada Residents Ages 20+, 2017-2021.

Year of					Age G	roup				
Death	Veteran Status	20-24	25-34	35-44	45-54	55-64	65-74	75-84	85+	Total
2017	Veteran (N=126)	2%	12%	9%	15%	19%	17%	14%	13%	100%
2017	Non-Veteran (N=445)	10%	18%	17%	22%	16%	9%	7%	1%	100%
2010	Veteran (N=115)	0%	19%	7%	10%	13%	25%	18%	8%	100%
2018	Non-Veteran (N=481)	8%	16%	20%	21%	19%	10%	4%	2%	100%
2010	Veteran (N=124)	3%	11%	6%	11%	18%	21%	19%	11%	100%
2019	Non-Veteran (N=470)	8%	21%	17%	19%	17%	11%	7%	1%	100%
2020	Veteran (N=111)	2%	8%	5%	15%	16%	21%	19%	14%	100%
2020	Non-Veteran (N=430)	9%	17%	17%	18%	18%	13%	4%	2%	100%
2024	Veteran (N=126)	2%	6%	13%	9%	14%	12%	27%	17%	100%
2021	Non-Veteran (N=510)	12%	18%	18%	21%	15%	9%	5%	2%	100%
Total	Veteran (N=602)	2%	11%	8%	12%	16%	19%	19%	12%	100%
Total	Non-Veteran (N=2,336)	9%	18%	18%	20%	17%	11%	6%	2%	100%

Data Source: Nevada Electronic Death Registry System

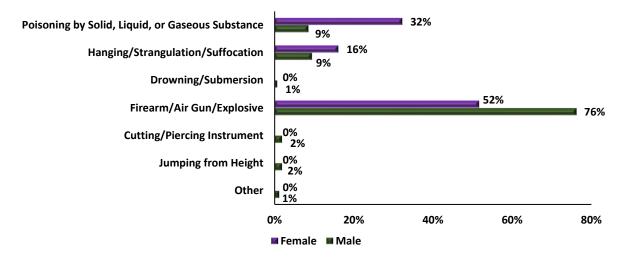
Figure 11. Suicide-Related Deaths by Year, Veteran Status, and Method of Suicide. Nevada Residents Ages 20+, 2017-2021.

				Met	hod of Suicid	le			
Year of Death	Veteran Status	Poisoning by Solid, Liquid, or Gaseous Substance	Hanging/ Strangulation/ Suffocation	Drowning/ Submersion	Firearm/ Air Gun/ Explosive	Cutting/ Piercing Instrument	Jumping from Height	Other	Total
2017	Veteran	19	18	0	84	3	1	1	126
2017	Non-Veteran	96	94	0	217	8	22	8	445
2018	Veteran	12	10	1	83	3	4	2	115
2016	Non-Veteran	86	110	2	253	10	15	5	481
2019	Veteran	13	14	2	90	2	2	1	124
2019	Non-Veteran	80	115	1	243	5	16	10	470
2020	Veteran	8	10	0	91	0	1	1	111
2020	Non-Veteran	57	93	4	245	10	10	11	430
2024	Veteran	7	7	1	103	3	3	2	126
2021	Non-Veteran	80	104	0	284	10	15	17	510
Total	Veteran	59	59	4	451	11	11	7	602
Total	Non-Veteran	399	516	7	1,242	43	78	51	2,336

Among the veteran population from 2017 to 2021, the highest number of suicides between veterans and non-veterans were caused by firearms accounting for 53% (N=1,242) of non-veteran deaths and 75% (N=451) veteran deaths. Following that, Hanging/Strangulation accounted for 22% (N=516) of non-veteran deaths compared to 10% (N=59) of veteran deaths. Poisoning was the third leading method of suicide comprising 17% (N=399) of non-veteran suicides vs 10% (N=59) of veteran suicides (Figure 11).

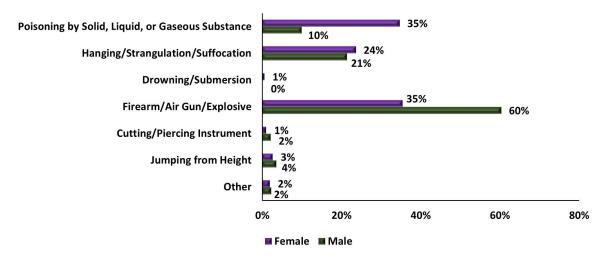
Among the male population, 76% of the veteran suicides were by firearms/explosives, compared to 60% of non-veteran suicides. Among the female population, the greatest difference in method was firearms/explosives, which accounted for 52% of veteran suicide deaths and 35% of non-veteran suicide deaths (Figure 12 & 13).

Figure 12. Percent of Veteran Suicide-Related Deaths by Method and Sex. Nevada Residents Ages 20+, 2017-2021 Combined.



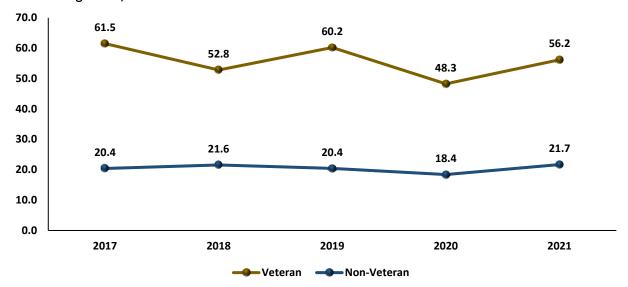
Data Source: Nevada Electronic Death Registry System

Figure 13. Percent of Non-Veteran Suicide-Related Deaths by Method and Sex. Nevada Residents Ages 20+, 2017-2021 Combined.



Veteran suicide rates (per 100,000) have varied between 2017 and 2021 with a peak rate of 61.5 per 100,000 veteran population in 2017 compared to the lowest rate of 48.3 per 100,000 veteran population in 2020. This contrasts with the rate per 100,000 of non-veteran suicides, with rates between 16.1 and 17.4 per 100,000 non-veterans (Figure 14). These rates demonstrate an increased risk for a veteran to complete suicide compared to non-veteran Nevada residents.

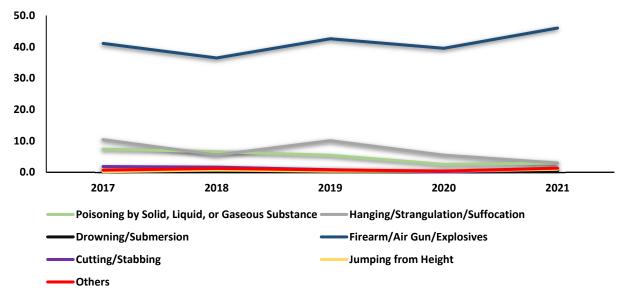
Figure 14. Suicide Age-Adjusted Rates (per 100,000 Population) by Year and Veteran Status. Nevada Residents Ages 20+, 2017-2021.



More information on counts and rates can be found in the appendix.

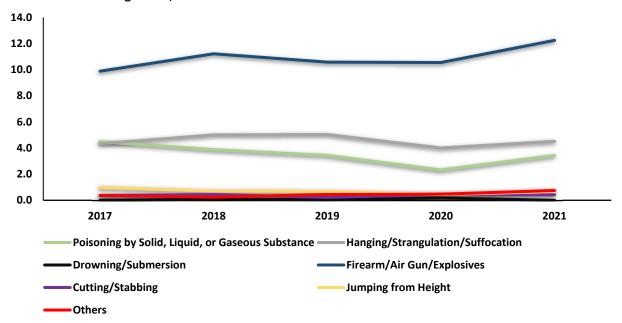
The rates (per 100,000) at which firearm/air gun/explosives were used as the method of suicide was greater in the veteran population compared to non-veteran population in all years from 2017 to 2021. Firearms/air guns/explosives were the top method of suicide for both veterans and non-veterans from 2017-2021(Figures 15 & 16).

Figure 15. Methods of Suicide Age-Adjusted Rates (per 100,000 Population) by Year, Veteran Nevada Residents Ages 20+, 2017-2021.



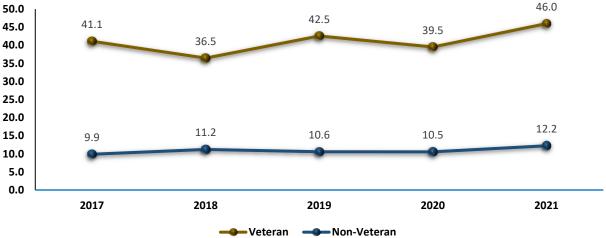
Data Source: Nevada Electronic Death Registry System

Figure 16. Methods of Suicide Age-Adjusted Rates (per 100,000 Population) by Year, Non-Veteran Nevada Residents Ages 20+, 2017-2021.



The veteran suicide rate by firearms/explosives varied from a low of 36.5 in 2018 to a high of 46.0 in 2021. The rate of suicide by firearms/explosives in the non-veteran community was consistent from 2017 to 2021, varying in a range from 9.9 to 12.2. Of the 602 veteran suicides between 2017 and 2021, 75% (N=451) had a reported method of suicide as firearms/explosions (Figure 17). When broken down by gender, a firearm was the method of suicide in 76% of veteran suicides completed by males (N=435), and 52% of females (N=16) (Figure 12).

Figure 17. Firearm/Air Gun/Explosive as the Method of Suicide, Age-Adjusted Rates (per 100,000-Population) by Year and Veteran Status. Nevada Residents Ages 20+, 2017-2021.



Suicide-Related Hospitalizations

TRICARE and Civilian Health and Medical Program of the Department of Veteran's Affairs (CHAMPVA), are health care benefits programs in which the Department of Defense and Department of Veteran's Affairs, respectively, share the cost of health care services. Because service members' families are covered by these two programs and veteran status is not identified in the billing data, the term "military community" is used in this report to distinguish the veteran population from the non-veteran population. The veteran population in the suicide-related emergency department visits and inpatient admissions section includes any individual that is covered through TRICARE and CHAMPVA, including spouses and dependents of military members.

In the military community there were 199 emergency department visits and 313 inpatient admissions related to suicide in 2017-2021 combined (Figure 18). Of the 199 visits, three individuals died, and 182 were discharged, transferred, left against medical advice, entered hospice, or admitted as an inpatient. The remaining patients were otherwise administered. Of the 313 inpatient admissions, four individuals died, and 306 admissions were discharged, transferred, entered hospice, or left against medical advice. The remaining patients were otherwise administered (See Appendix Table A7).

In the non-military community there were 10,545 emergency department visits and 6,923 inpatient admissions related to suicide in 2017-2021 combined. Of the 17,468 visits, 158 individuals died, and 17,294 visits were discharged, transferred, left against medical advice, entered hospice, or admitted as an inpatient. The remaining patients were otherwise administered (See Appendix Table A7).

In contrast to the gender distribution of suicide deaths, suicide-related emergency department visits among the military community (N=199) between 2017 and 2021 were almost equal between females (49%, N=97) and males (51%, N=102). However, for inpatient admissions, a majority of females comprised the visits (54%, N=169), compared to males (46%, N=144). Females in the non-military community comprised the majority as well of both emergency department visits (61%) and inpatient admissions (51%). However, non-military males have made up an increasing number of inpatient admissions (49%) (Figure 18).

Figure 18. Suicide-Related Emergency Department Visits and Inpatient Admissions by Military Community Status and Sex. Nevada Residents, 2017-2021 Combined.

		Military Co	ommunity		Non-Military Community					
Sex	Sex Emergency Department Visits		•	Inpatient Admissions		ency nt Visits	Inpatient Admissions			
	Count	%	Count %		Count	%	Count	%		
Female	102	51%	169	54%	6,436	61%	4,360	51%		
Male	97	49%	144	46%	4,107	39%	2,561	49%		
Unknown	0	0%	0	0%	2	0%	2	0%		
Total	199	100%	313	100%	10,545	100%	6,923	100%		

Figure 19. Suicide-Related Emergency Department Visits and Inpatient Admissions by Military Community Status and Age Group. Nevada Residents, 2017-2021 Combined.

		Military Co	ommunity		Non-Military Community					
Age Group	Emerg Departme	•	Inpat Admis		Emerg Departme	•	Inpatient Admissions			
	Count	%	Count	%	Count %		Count	%		
5-14	19	10%	51	16%	1,067	10%	615	9%		
15-24	65	33%	109	35%	3,644	35%	1,908	28%		
25-34	37	19%	46	15%	2,258	21%	1,079	16%		
35-44	30	15%	34	11%	1,585	15%	994	14%		
45-54	19	10%	28	9%	1,036	10%	902	13%		
55-64	19	10%	23	7%	616	6%	791	11%		
65-74	6	3%	15	5%	239	2%	403	6%		
75-84	4	2%	4	1%	68	1%	177	3%		
85+	0	0%	3	1%	22	0%	53	1%		
Total	199	100%	313	100%	10,545	100%	6,922	100%		

In total, the highest reported method of attempted suicide resulting in emergency department visits is poisonings, accounting for 52% of all methods of attempted suicide among the military community and 50% of the non-military community (Figure 20).

A single suicide-related hospitalization may have multiple methods listed. Therefore, the numbers listed in Figure 20 cannot be summed to equal the total number of suicide-related hospitalizations. This applies to both the inpatient and emergency department sections.

Figure 20. Suicide-Related Emergency Department Visits by Military Community Status, Method of Attempts and Year. Nevada Residents, 2017-2021.

Adath ad affordation Attached			Year			T-4-1	0/
Method of Suicide Attempt	2017	2018	2019	2020	2021	Total	%
Military Community							
Poisoning by Solid, Liquid, or Gaseous Substance	21	24	17	21	20	103	52%
Hanging/Strangulation/Suffocation	0	0	0	0	0	0	0%
Firearm/Air Gun/Explosive	1	0	0	1	0	2	1%
Cutting/Piercing Instrument	19	11	16	14	14	74	37%
Jumping from Height	0	0	0	0	1	1	1%
Late effects of self-inflicted injury	0	0	0	0	0	0	0%
Other and unspecified means	7	4	3	5	5	24	12%
Total	47	39	34	40	39	199	100%
Non-Military Community							
Poisoning by Solid, Liquid, or Gaseous Substance	1,259	1,117	956	906	995	5,233	50%
Hanging/Strangulation/Suffocation	3	3	3	0	1	10	0%
Firearm/Air Gun/Explosive	27	13	11	15	14	80	1%
Cutting/Piercing Instrument	916	786	792	840	871	4,205	40%
Jumping from Height	12	14	10	10	9	55	1%
Late effects of self-inflicted injury	0	1	0	1	0	2	0%
Other and unspecified means	299	266	202	233	230	1,230	12%
Total	2,464	2,145	1,934	1,949	2,053	10,545	100%

In total, the highest reported method of attempted suicide resulting in inpatient admissions is cutting/piercing incidents, indicated on 47% of the admissions in the military community. In contrast, poisonings account for the highest admission rate at 64% of admissions in the non-military community (Figure 21).

A single suicide-related hospitalization may have multiple methods listed. Therefore, the numbers listed in Figure 21 cannot be summed to equal the total number of suicide-related hospitalizations. This applies to both the inpatient and emergency department sections.

Figure 21. Suicide-Related Inpatient Admissions by Military Community Status, Method of Attempts and Year. Nevada Residents, 2017-2021.

Mark ad affected Attacent				T-4-1	%		
Method of Suicide Attempt		2018	2019	2020	2021	Total	70
Military Community							
Poisoning by Solid, Liquid, or Gaseous Substance	20	15	29	11	40	115	37%
Hanging/Strangulation/Suffocation	0	0	0	0	0	0	0%
Firearm/Air Gun/Explosive	6	1	2	0	1	10	3%
Cutting/Piercing Instrument	19	35	23	32	37	146	47%
Jumping from Height	0	1	0	1	1	3	1%
Late effects of self-inflicted injury	5	10	6	1	5	27	9%
Other and unspecified means	3	6	3	5	7	24	8%
Total	52	66	62	49	84	313	100%
Non-Military Community							
Poisoning by Solid, Liquid, or Gaseous Substance	903	892	959	809	847	4,410	64%
Hanging/Strangulation/Suffocation	1	0	3	1	1	6	0%
Firearm/Air Gun/Explosive	38	9	10	16	16	89	1%
Cutting/Piercing Instrument	162	139	242	279	348	1170	17%
Jumping from Height	8	5	2	0	3	18	0%
Late effects of self-inflicted injury	106	334	206	217	288	1151	17%
Other and unspecified means	63	83	75	46	45	312	5%
Total	1,252	1,418	1,446	1,329	1,478	6,923	100%

Behavioral Risk Factor Surveillance System (BRFSS)

The BRFSS survey contains a question soliciting each participant's veteran status. Between 2017 and 2021, BRFSS participants were asked "During the past 12 months have you ever seriously considered attempting suicide?" Survey results are limited and are not available for further break down beyond what is provided below.

Regarding percentage of participants who reported seriously considering attempting suicide during the past 12 months of taking the BRFSS survey, non-veterans in 2021 reported suicide ideology at a slightly disparate percentage to veterans in 2020 which was also an outlier from 2019 (Figure 22).

Figure 22. Percentage who Reported Suicidal Ideation by Veteran Status and Year. Nevada Residents, 2017-2021.

Survey Year	Veteran Status	Percent Reported Suicidal Ideation in Last 12 months	Confidence Interval		
2017	Veteran	2%	(0.0%-3.7%)		
2017	Non-Veteran	3%	(2.3%-4.5%)		
2018	Veteran	3%	(1.1%-4.9%)		
2016	Non-Veteran	3%	(2.3%-4.6%)		
2019	Veteran	5%	(1.9%-8.7%)		
2019	Non-Veteran	5%	(3.4%-6.1%)		
2020	Veteran	0%	(0.0%-0.0%)		
2020	Non-Veteran	4%	(2.1%-6.5%)		
2021	Veteran	6%	(2.0%-9.6%)		
2021	Non-Veteran	4%	(3.0%-5.8%)		

Data Source: Behavioral Risk Factor Surveillance System (BRFSS)

Conclusion

This report demonstrates the need for continued monitoring of veteran and military deaths and continued efforts of prevention for this population. The rates of suicide among the veteran population fluctuate from year to year but overall remain higher than the rates of suicide among non-veteran populations.

The aging veteran population of Nevada residents seems especially at risk.

Access to firearms and the use of firearms as lethal means within the veteran population as a method of suicide results in suicide deaths not demonstrated in the non-veteran population.

Efforts to prevent drug overdose and poisonings could assist in lowering the number of hospitalizations due to suicide attempts. Wraparound services for veterans and military families are needed to ensure identification of thoughts of suicide. If suicidal ideation is discovered and addressed, this could prevent more members of the military community from attempting suicide or taking their lives.

If you or a veteran in your area is in need, please contact these organizations for assistance:

National Suicide and Crisis Lifeline: #1-800-273-8255 or #988, Option 1.

Appendix

Figure A1. Age-Adjusted Weights.

Age Group	Weight
Age 20-24 WEIGHT	0.095734399
Age 25-29 WEIGHT	0.093587182
Age 30-34 WEIGHT	0.088532365
Age 35-39 WEIGHT	0.089497173
Age 40-44 WEIGHT	0.092651902
Age 45-49 WEIGHT	0.10071312
Age 50-54 WEIGHT	0.098892694
Age 55-59 WEIGHT	0.087213859
Age 60-64 WEIGHT	0.074587877
Age 65-69 WEIGHT	0.055150675
Age 70-74 WEIGHT	0.041148878
Age 75-79 WEIGHT	0.032454588
Age 80-84 WEIGHT	0.025471786
Age 85+ WEIGHT	0.024363501

Data Source: U.S. Demographics Website.

Figure A2. Total Counts and Rates (per 100,000 Population) by Method of Suicide and Veteran Status. Nevada Residents Ages 20+, 2017.

2017													
	Veteran	Non- Veteran	Vet	eran Non-Veteran		Veteran		Non-Veteran					
Method of Suicide	Со	unt	Crude Rate	C.I.	Crude Rate	C.I.	Age- Adjusted Rate	C.I.	Age- Adjusted Rate	C.I.			
Poisoning by Solid, Liquid, or													
Gaseous Substances	19	96	8.7	(4.8-12.6)	4.4	(3.5-5.2)	7.4	(4.1-10.7)	6.7	(5.3-8.0)			
Hanging/ Strangulation/ Suffocation	18	94	8.2	(4.4-12.1)	4.3	(3.4-5.1)	10.4	(5.6-15.2)	8.8	(7.0-10.6)			
Drowning/ Submersion	0	0	0.0	()	0.0	()	0.0	()	0.0	()			
Firearm/ Air Gun/Explosive	84	217	38.5	(30.2-46.7)	9.8	(8.5-11.2)	41.1	(32.3-49.9)	18.8	(16.3-21.3)			
Cutting/Piercing Instrument	3	8	1.4	(0.0-2.9)	0.4	(0.1-0.6)	1.8	(0.0-3.9)	0.7	(0.2-1.2)			
Jumped from Height	1	22	0.5	(0.0-1.4)	1.0	(0.6-1.4)	0.2	(0.0-0.5)	2.1	(1.2-3.0)			
Other	1	8	0.5	(0.0-1.4)	0.4	(0.1-0.6)	0.6	(0.0-1.9)	0.9	(0.3-1.5)			
Total	126	445	57.7	(47.6-67.8)	20.2	(18.3-22.1)	61.5	(50.8-72.2)	38.0	(34.5-41.5)			

Figure A3. Total Counts and Rates (per 100,000 Population) by Method of Suicide and Veteran Status. Nevada Residents Ages 20+, 2018.

2018													
	Veteran	Non- Veteran	Vet	Veteran		Non-Veteran		eran	Non-Veteran				
Method of Suicide	Co	unt	Crude Rate	C.I.	Crude Rate	C.I.	Age- Adjusted Rate	C.I.	Age- Adjusted Rate	C.I.			
Poisoning by Solid, Liquid, or													
Gaseous Substances	12	86	5.6	(2.4-8.8)	3.9	(3.1-4.7)	6.6	(2.8-10.3)	4.0	(3.1-4.8)			
Hanging/ Strangulation/ Suffocation	10	110	4.7	(1.8-7.5)	5.0	(4.1-5.9)	5.5	(2.1-8.9)	5.1	(4.1-6.1)			
Drowning/ Submersion	1	2	0.5	(0.0-1.4)	0.1	(0.0-0.2)	0.8	(0.0-2.4)	0.1	(0.0-0.2)			
Firearm/ Air Gun/Explosive	83	253	38.7	(30.4-47.0)	11.5	(10.1-12.9)	36.5	(28.6-44.3)	11.5	(10.1-12.9)			
Cutting/Piercing Instrument	3	10	1.4	(0.0-3.0)	0.5	(0.2-0.7)	1.6	(0.0-3.4)	0.5	(0.2-0.7)			
Jumped from Height	4	15	1.9	(0.0-3.7)	0.7	(0.3-1.0)	0.7	(0.0-1.4)	0.7	(0.4-1.1)			
Other	2	5	0.9	(0.0-2.2)	0.2	(0.0-0.4)	1.2	(0.0-2.9)	0.2	(0.0-0.5)			
Total	115	481	53.6	(43.8-63.4)	21.9	(19.9-23.9)	52.8	(43.2-62.5)	22.1	(20.1-24.0)			

Figure A4. Total Counts and Rates (per 100,000 Population) by Method of Suicide and Veteran Status. Nevada Residents Ages 20+, 2019.

2019												
	Veteran	Non- Veteran	Vet	Veteran		Non-Veteran		eran	Non-Veteran			
Method of Suicide	Со	unt	Crude Rate	C.I.	Crude Rate	C.I.	Age- Adjusted Rate	C.I.	Age- Adjusted Rate	C.I.		
Poisoning by Solid, Liquid, or												
Gaseous Substances	13	80	5.8	(2.6-8.9)	3.6	(2.8-4.3)	5.4	(2.5-8.3)	3.5	(2.7-4.3)		
Hanging/ Strangulation/ Suffocation	14	115	6.2	(3.0-9.5)	5.1	(4.2-6.0)	10.1	(4.8-15.3)	5.1	(4.2-6.1)		
Drowning/ Submersion	2	1	0.9	(0.0-2.1)	0.0	(0.0-0.1)	0.4	(0.0-0.9)	0.0	(0.0-0.1)		
Firearm/Air Gun/Explosive	90	243	40.0	(31.7-48.2)	10.8	(9.4-12.1)	42.5	(33.8-51.3)	10.8	(9.4-12.2)		
Cutting/Piercing Instrument	2	5	0.9	(0.0-2.1)	0.2	(0.0-0.4)	0.8	(0.0-1.9)	0.2	(0.0-0.4)		
Jumped from Height	2	16	0.9	(0.0-2.1)	0.7	(0.4-1.1)	0.3	(0.0-0.8)	0.7	(0.4-1.0)		
Other	1	10	0.4	(0.0-1.3)	0.4	(0.2-0.7)	0.7	(0.0-2.1)	0.4	(0.2-0.7)		
Total	124	470	55.1	(45.4-64.8)	20.9	(19.0-22.7)	60.2	(49.6-70.8)	20.8	(18.9-22.7)		

Figure A5. Total Counts and Rates (per 100,000 Population) by Method of Suicide and Veteran Status. Nevada Residents Ages 20+, 2020.

2020												
	Veteran	Non- Veteran	Vet	Veteran		Non-Veteran		Veteran		Non-Veteran		
Method of Suicide	Со	unt	Crude Rate	C.I.	Crude Rate	C.I.	Age- Adjusted Rate	C.I.	Age- Adjusted Rate	C.I.		
Poisoning by Solid, Liquid, or												
Gaseous Substances	8	57	3.6	(1.1-6.1)	2.5	(1.8-3.1)	2.5	(0.8-4.2)	2.4	(1.8-3.0)		
Hanging/ Strangulation/ Suffocation	10	93	4.5	(1.7-7.3)	4.0	(3.2-4.9)	5.4	(2.1-8.8)	4.1	(3.2-4.9)		
Drowning/ Submersion	0	4	0.0	()	0.2	(0.0-0.3)	0.0	()	0.2	(0.0-0.4)		
Firearm/Air Gun/Explosive	91	245	41.1	(32.6-49.5)	10.7	(9.3-12.0)	39.5	(31.4-47.7)	10.7	(9.4-12.1)		
Cutting/Piercing Instrument	0	10	0.0	()	0.4	(0.2-0.7)	0.0	()	0.5	(0.2-0.8)		
Jumped from Height	1	10	0.5	(0.0-1.3)	0.4	(0.2-0.7)	0.4	(0.0-1.1)	0.4	(0.2-0.7)		
Other	1	11	0.5	(0.0-1.3)	0.5	(0.2-0.8)	0.4	(0.0-1.1)	0.5	(0.2-0.8)		
Total	111	430	50.1	(40.8-59.4)	18.7	(16.9-20.5)	48.3	(39.3-57.2)	18.7	(17.0-20.5)		

Figure A6. Total Counts and Rates (per 100,000 Population) by Method of Suicide and Veteran Status. Nevada Residents Ages 20+, 2021.

2021												
	Veteran	Non- Veteran	Vet	Veteran		Non-Veteran		eran	Non-Veteran			
Method of Suicide	Со	unt	Crude Rate	C.I.	Crude Rate	C.I.	Age- Adjusted Rate	C.I.	Age- Adjusted Rate	C.I.		
Poisoning by Solid, Liquid, or												
Gaseous Substances	7	80	3.2	(0.8-5.6)	3.4	(2.7-4.2)	2.9	(0.8-5.1)	3.5	(2.7-4.2)		
Hanging/ Strangulation/ Suffocation	7	104	3.2	(0.8-5.6)	4.4	(3.6-5.3)	3.0	(0.8-5.2)	4.6	(3.7-5.5)		
Drowning/ Submersion	1	0	0.5	(0.0-1.4)	0.0	()	0.4	(0.0-1.1)	0.0	()		
Firearm/Air Gun/Explosives	103	284	47.3	(38.2-56.5)	12.1	(10.7-13.5)	46.0	(37.1-54.9)	12.5	(11.0-13.9)		
Cutting/Piercing Instrument	3	10	1.4	(0.0-2.9)	0.4	(0.2-0.7)	1.0	(0.0-2.2)	0.4	(0.2-0.7)		
Jumped from Height	3	15	1.4	(0.0-2.9)	0.6	(0.3-1.0)	0.9	(0.0-2.0)	0.7	(0.3-1.0)		
Other	2	17	0.9	(0.0-2.2)	0.7	(0.4-1.1)	1.3	(0.0-3.1)	0.8	(0.4-1.1)		
Total	126	510	57.9	(47.8-68.0)	21.8	(19.9-23.7)	55.4	(45.8-65.1)	22.5	(20.5-24.4)		

Figure A7. Total Counts by Discharge Status, Veteran Status, and Hospitalization Type (ED/IP), Nevada Residents Ages 20+, 2017-2021.

2017-2021											
Dischargo Status	Vete	eran	Non-v	eteran							
Discharge Status	ED	IP	ED	IP							
Discharged	249	77	4,185	5,282							
Left Against Medical Advice	6	0	144	75							
Died	4	3	112	46							
Hospice	3	1	26	12							
Still Patient	0	4	1	39							
Other	60	116	2,455	5,091							
Total	322	201	6,923	10,545							

ED refers to Emergency Department.

IP refers to Inpatient.